

CHILDBIRTH IS A DEFINING MOMENT IN A WOMAN'S LIFE. AT DR. ROSE PRIVATE HOSPITAL, WITH A PROFESSIONALLY TRAINED TEAM, MAXIMUM CARE AND INTIMATE CONDITIONS, WE AWAIT EXPECTING FAMILIES, SO THAT THE SPECIAL PERIOD, FROM THE FIRST THOUGHT OF FAMILY PLANNING TO THE BIRTH OF A CHILD, CAN BECOME A REAL EXPERIENCE.

OUR MATERNITY CARE PACKAGES provide a full range of services for expectant mothers. All the necessary examinations during pregnancy are performed in our Private Hospital, sparing pregnant women from the inconvenience of waiting and traveling. Our package not only include mandatory and recommended tests, but our colleagues also help prospective parents with advice and preparation programs so that they already have all the necessary knowledge for the arrival of the baby.

OUR OBSTETRICS DEPARTMENT offers a real alternative for those who would like to choose the freedom of home birth but do not want to be deprived of the security provided by a



hospital medical background either. At Dr. Rose Private Hospital, we believe in the undisturbed nature of childbirth, so in intimate circumstances, with experienced doctors and professional staff, we await expectant mothers in complete safety. Our specialists adapt with the necessary flexibility to the wishes and needs of the pregnant woman, bearing in mind that the most important aspect during this time is her comfort, peace and safety.



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EXCELLENCE IN HEALTHCARE



OBSTETRIC CARE

DR. ROSE MATERNITY CARE PACKAGE

1. trimester

TIME	SPECIALIST EXAMINATIONS	LAB TESTS	ULTRASOUND EXAMINATIONS	ADDITIONAL TESTS (as required)
11. week	Gynecology (risk classification, referral to a nurse)	Blood test: blood count, ESR (erythrocyte sedimentation rate) blood test, iron and total iron binding capacity, ions, blood glucose, liver and kidney function, TSH (thyroid stimulating hormone) test, blood group and antibody screening, HBsAg, HIV, syphilis screening for other infectious diseases: TORCH screening (toxoplasma, rubeola, cytomegalovirus), combined test Urinalysis	Vaginal ultrasound	DNA-based screening: Prena test NIFTY test Panorama test (optional)
12. week	Gynecology (maternity care, consultation)) Genetic consultation		Genetic ultrasound I.: cervical fold measurement, nasal bone, limbs, skull	

2. trimester

Dr. Rose obstetrics presentation: After visiting our obstetrics apartment and our alternative and traditional maternity rooms, you can get to know the Dr. Rose obstetrics team, the professionals who will be by your side in the coming months.

16. week	Gynecology (maternity care, maternity consultation, discussion of lab results) Internal medicine Ophthalmology	ECG examination	Fetal heartbeat monitoring Biometrics	Urinalysis Diabetology Endocrinology
19. week	Gynecology (maternity care) Genetic consultation		Genetic ultrasound II.	Urinalysis
22. week	Gynecology (maternity care)		Fetal heartbeat monitoring Biometrics	Urinalysis Baby movie
24-26. week	Gynecology (maternity care, maternity consultation)	Blood test: blood count, ESR (erythrocyte sedimentation rate) blood test, iron and total iron binding capacity, LDH, exercise blood glucose test, blood group and antibody screening, toxoplasma	Fetal heartbeat monitoring Biometrics	Midwife consultation

3. trimester

TIME	SPECIALIST EXAMINATIONS	LAB TESTS	ULTRASOUND EXAMINATIONS	ADDITIONAL TESTS (as required)
30. week	Gynecology (maternity care)		Screening ultrasound examination/ biometrics	Urinalysis Baby movie
33. week	Gynecology (maternity care)		Fetal heartbeat monitoring, Biometrics	
36. week	Gynecology (maternity care), Midwife consultation (blood pressure and weight measurement, childbirth preparation) Anesthesiology consultation Neonatal nurse consultation Pediatric consultation	Blood test: blood count, ESR (erythrocyte sedimentation rate) blood test, iron and total iron binding capacity, LDH, exercise blood glucose test, blood group and antibody screening, toxoplasma Urinalysis GBS vaginal culture test	Screening ultrasound examination/ biometrics: fetal location, size, amount of amniotic fluid, condition of the placenta Flowmetria (examination of fetal blood flow) CTG (Monitoring of uterine activity and fetal heart function)	Preparation for childbirth Choice of midwife Breastfeeding counseling
37. week	Gynecology (maternity care, discussion of lab results) Midwife consultation (blood pressure and weight measurement)	Urinalysis	CTG (Monitoring of uterine activity and fetal heart function)	Flowmetria (examination of fetal blood flow)
38. week	Gynecology (maternity care) Midwife consultation (blood pressure and weight measurement)	Urinalysis	Flowmetria (examination of fetal blood flow) CTG (Monitoring of uterine activity and fetal heart function)	
39. week	Gynecology (maternity care) Midwife consultation (blood pressure and weight measurement)	Urinalysis	CTG (Monitoring of uterine activity and fetal heart function)	Flowmetria (examination of fetal blood flow)
40. week	Gynecology (maternity care) Midwife consultation (blood pressure and weight measurement)	Urinalysis	CTG (Monitoring of uterine activity and fetal heart function)	Flowmetria (examination of fetal blood flow)

- If any additional medically necessary out-patient doctor visits or diagnostic testing are indicated by the treating specialist we provide 20% discount for the services
- If hospitalization is necessary during pregnancy we offer 10% of discount from the hospitalization care.

DR. ROSE OBSTETRICS PACKAGE

- **Vaginal delivery** (with epidural anesthesia on request) **or cesarean section**
- **Taxi to the hospital and back home** (within 40km)
- **Accommodation in an exclusive room with bathroom and 1 bed for mother and baby** (three meals daily for 2 nights, from the a la carte menu for the mother)
- **Mother's maternity care** (physical and mental health assessment, counseling, discussion of newborn care tasks)
- **Provision of blood products and transfusions if necessary**
- **Newborn monitoring and neonatal care, pediatric examination, childcare** (PKU test, blood glucose test, BERA hearing test, BCG vaccination, pulse oximetry)
- **Advanced neonatal care if needed** (provision of neonatologist and neonatal nurses)
- **Umbilical cord blood saving**
- **Pediatric examination in the hospital after childbirth** (provision of pediatric care on the 4th day after childbirth, compulsory screening, administration of vaccinations)
- **Breastfeeding consultation**
- **Infant nurse counseling** (2 sessions)
- **Counseling with midwife** (3 sessions)
- **Newborn first aid counseling** (if required)
- **After the mother's return home, a pediatric and neonatal nurse visit in the hospital once, at the age of 4-7 days** (specialist examination, screening, vaccination, counseling)
- **Gynecological follow-up examination at 6 weeks postpartum**

Optional services:

- **Choice of midwife**
- **In addition to the nights deemed necessary by the treating physician, additional accommodation of the mother with full care**
Single room with bathroom (per night - weekday)
- **In addition to the nights deemed necessary by the treating physician, additional accommodation of the mother with full care**
Single room with bathroom (per night - weekend)
- **2-bed room with bathroom and full-board surcharge** (per night)
- **Accommodation in a family apartment with full-board surcharge, also for a relative** (per night)
- **Home visit fee** (occasional)
- **Maternity photography** (in the studio or outdoors)
- **Baby photography** (at home)
- **Baby photography** (in the hospital)